

# GLUTEN GUIDE TO SALADS AND DRESSING

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PLEASE NOTE: THESE ITEMS ARE NOT MADE IN A GLUTEN FREE KITCHEN, WHILE CROSS CONTAMINATION IS NOT LIKELY IT IS POSSIBLE

**The Baker's Chopped:** Romaine lettuce, garbanzo beans, tomato, carrots, red peppers, tomato, corn, cucumber, sesame seeds, blue cheese, and eggs (GF)

**Goddess Dressing:** Tahini, apple cider vinegar, soy sauce, lemon juice, garlic, sesame seeds, parsley, honey, dijon mustard, and vegetable oil (Not GF)

**Simple:** Mixed greens, tomato, cucumber (GF)

**Lemon Vinaigrette:** Onions, garlic, apple cider vinegar, lemon juice, dijon mustard, kosher salt, sugar, black pepper, honey, olive oil (GF)

**Kale Salad:** Kale, medjool dates, candied pecans, toasted barley, pecorino cheese, kosher salt (Not GF)

**Lemon Vinaigrette:** Onions, garlic, apple cider vinegar, lemon juice, dijon mustard, kosher salt, sugar, black pepper, honey, olive oil (GF)

**Vietnamese Salad:** Shredded cabbage mix, grilled chicken, red onion, peas, carrots, red bell pepper, glass noodles, peanuts (GF)

**Miso Dressing:** Soybean oil, water, soy sauce, vinegar, sugar, ginger, roasted sesame oil, toasted sesame seeds, red bell pepper, lime juice, garlic, and spices (Not GF)

**Southwest Salad:** Romaine lettuce, corn, black beans, red bell pepper, tomato, shredded white cheddar, and tortilla strips (GF)

**Chipotle Dressing:** Soybean oil, water, buttermilk, vinegar, chipotle peppers, tomato paste, garlic, and onion (GF)

**Salad Trio:** Scoop of tuna salad, scoop of chicken salad, and simple salad (Not GF)

**Chicken Salad:** Pulled chicken, celery, scallion, dill pickle, lemon aioli, garlic, fresh dill, horseradish, and yellow mustard (Not GF)

**Tuna Salad:** Albacore tuna, lemon aioli, green onion, celery, salt, black pepper, and yellow mustard (Not GF)

**Super-Seeded Avocado Salad:** Cabbage and romaine blend, carrots, cucumbers, and mandarin oranges, topped with slices of avocado covered in flax, poppy, and sunflower seeds (GF)

**Miso-Goddess Dressing:** A blend of our miso and Goddess dressings (Not GF)